

Individual Adaptability Assessment

Measuring one's ability to adapt to rapidly changing environments is an essential first step in dealing effectively with today's business world. This is an abbreviated version of one of our most popular assessments. Take a few moments and rate each statement. The rating scale follows.

1 **2** **3** **4** **5**
never **seldom** **regularly** **frequently** **always**

<i>Rating</i>	<i>Statement</i>
	My view of myself and my world is characterized by optimism and confidence.
	I set enough goals to maintain a clear sense of purpose.
	I am able to shift gears with minimal complaints.
	My core values are clear to me and to my colleagues.
	I am frequently on the look-out for new ideas to consider and test.
	I can readily imagine new uses for old ideas.
	My habit is to reach for help and acknowledge the assistance.
	I encourage experimentation.
	I use incentives to reinforce change.
	My failures present opportunities for innovation.
	TOTAL

Rating Scale:

Add up all of your responses.

- 10 - 20 Time to retire, die or just get out of the way...
- 21 - 30 You need help...get a coach or mentor...
- 31 - 40 You are on your way to The Adaptability Hall of Fame...
- 41 - 50 You are Change Agent Material and should be mentoring others...

Request the complete assessment!

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